FEELINGS AND EMOTIONS
I Feel Angry
I Feel Calm
I Feel Excited
I Feel Happy
I Feel Sad
I Feel Scared
I Feel Worried
What Are Feelings and Emotions?

HEALTH HELPERS
Dental Hygienists
Dentists
Doctors
EMTs
Eye Doctors
Nurses
Occupational Therapists
Physical Therapists
School Counselors
Speech Therapists

HOW MY WORLD IMPACTS MY HEALTH
Media and My Health
Pollution and My Health
Relationships and My Health
Technology and My Health
Weather and My Health

HEALTHY BEHAVIORS
Healthy Habits
Being Mindful
Dressing for the Weather
Exercise
Focus Your Attention
How to Be Organized
How to Handle Stress
Hygiene
Posture
Setting Goals
Setting Routines
Sleep Habits
Self-Awareness
Being Responsible
Body Image
Making Decisions
Manners
Motivation
Personal Space
Saying No
Self-Concept
Self-Confidence
Self-Control
Self-Discipline
Self-Worth
Standing Up for Yourself
Safety
Bike Safety
Car Safety
Fire Safety
Food Safety
Hazard at Home
Hazards at School
Hazards on the Playground
Pedestrian Safety
School Bus Safety
Severe Weather Safety
Stranger Safety
Sun Safety
Water Safety
Preventing Injuries
Broken Bones
Bruises
Concussions
Scrapes and Scratches
Sprains and Strains
Nutrition
Eating Healthy
Fats
Fiber
Healthy Snacks
Junk Food
Planning Meals
Water
Food Groups
Dairy
Fruits
Grains
Protein
Vegetables

THE HUMAN BODY
Senses
Hearing
Seeing
Smelling
Tasting
Touching
The Body's Organs
Bladder
Brain
Heart
Intestines
Kidneys
Liver
Lungs
Skin
Stomach
The Body's Systems
Circulatory System
Digestive System
Endocrine System
Muscular System
Nervous System
Respiratory System
Skeletal System

Health Procedures
Getting a Cavity Filled
Getting a Checkup
Getting a Shot
Getting a Tooth Pulled
Getting an X-Ray
Having Surgery

IF YOU NEED HELP
Abuse
What Is Emotional Abuse?
What Is Physical Abuse?
What Is Substance Abuse?
What Is Verbal Abuse?
In an Emergency
Calling 911
First Aid
Poison Control
What to Do If You Get Lost

ILLNESSES AND CONDITIONS
Feeling Sick
Medicine
Vaccines
The Immune System
What Are Germs?
When You Cough or Sneeze
Illnesses
Bronchitis
Common Cold
Dehydration
Earaches
Food Poisoning
Head Lice
Headaches
Influenza
Pink Eye
Sunburn
Conditions
ADHD
Allergies
Anxiety
Asthma
Autism
Blindness
Cerebral Palsy
Cystic Fibrosis
Deafness
Depression
Diabetes
Down Syndrome
Dyslexia
Obesity
Scoliosis
Using Leg Braces
Using Wheelchairs

RELATIONSHIPS AND FRIENDSHIPS
Acceptance and Tolerance
Communication
Cooperation
Empathy
Making New Friends
Peer Pressure
Standing Up for a Friend
Teamwork
Types of Bullying
What Is Bullying?

*Article list may differ from final version.
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